

## 2010/2011 COURSE OFFERINGS

### **Comprehensive Bereavement Skills Training**

2010: March 8-11, May 10-13, August 23-26

2011: March 7-10, May 9-12, August 22-25

### **Understanding and Responding to Complicated Mourning**

2010: March 1-4,

2011: April 11-14, 2011

### **Helping Children and Adolescents Cope with Grief**

2010: February 8-11, August 9-12

2011: August 8-11, 2011

### **Exploring the Spiritual Dimensions of Death, Grief and Mourning**

2010: January 4-7

2011: January 10-13

### **Counseling Skills Fundamentals**

2010: November 8-11

2011: November 7-10

### **Companioning the Dying**

2010: October 11-14

2011: October 10-13

### **Bereavement Support Group Facilitator Training**

2010: December 6-10

2011: December 5-8

### **Living with Meaning and Purpose in Your Life**

2010: June 7-10

2011: June 6-9

### **Exploring the Shadow of the Ghosts of Grief**

2010: June 21-24

2011: June 20-23

### **Exploring the Eleven Tenets of Companioning the Bereaved**

2010: July 26-29

2011: July 25-28

New!

### **Pet Loss Companioning Certification Program**

2010: February 1-4

2011: February 7-10, 2011



*The Center for Loss and Life Transition, directed by Dr. Alan Wolfelt, is dedicated to furthering our understanding of the complex emotions we call grief. Our mission is to help both the bereaved by walking with them in their unique journey, and bereavement caregivers, by serving as an educational liaison and professional forum.*

**Center for Loss  
& Life Transition®**

3735 Broken Bow Road  
Fort Collins, CO 80526

**Center for Loss  
& Life Transition®**

# EDUCATIONAL RETREATS

**FOR BEREAVEMENT CAREGIVERS,  
WITH ALAN D. WOLFELT, PH.D. C.T.**



**2010  
2011**

Take five courses and  
earn your Death and  
Grief Studies Certificate!  
Details at  
[www.centerforloss.com](http://www.centerforloss.com)





We invite you to the Center for Loss and Life Transition, perched atop the beautiful foothills just west of Fort Collin, Colorado, for our 2010-2011 Educational Retreats on Grief.

We've found this tranquil retreat to be an ideal learning environment. Our hexagonal-shaped Center offers breathtaking views of both the city below and the Rocky Mountains to the west.



Dr. Wolfelt is an internationally noted author, teacher and grief counselor. He serves as Director of the Center for Loss and Life Transition and is on the faculty at the University of Colorado Medical School's Department of Family Medicine.



This brochure provides a summary of our course offerings. For detailed descriptions and daily schedules as well as a printable registration form, visit [www.centerforloss.com](http://www.centerforloss.com).

### **Comprehensive Bereavement Skills Training**

This foundational learning retreat explores the fundamentals of caring for people in grief. Graduates of this comprehensive seminar return home with a multitude of newly reined insights and abilities. This is a core course for the popular Death and Grief Studies Certification.

### **Understanding and Responding to Complicated Mourning**

This seminar explores the naturally complicated grief that results from sudden death, suicide, multiple loss and more and teaches caregivers how to artfully support people during these naturally difficult times.

### **Helping Children and Adolescents Cope with Grief**

Come learn about the unique dimensions of childhood grief and helping roles. A multitude of important sub-topics will inspire you in your efforts to help children and teens mourn well!

### **Exploring the Spiritual Dimensions of Death, Grief and Mourning**

A central need of those in grief is to rejuvenate the spirit. This learning retreat focuses on themes of spiritual importance to the mourner.

### **Counseling Skills Fundamentals**

For both the novice and the experienced caregiver, this course explores the development of the counseling relationship and effective techniques and practices.

### **Companioning the Dying**

With Greg Yoder

This important training is for professionals, volunteers and family members who care for and support the dying and their families. Taught by hospice bereavement coordinator Greg Yoder, this seminar is based on Dr. Wolfelt's companioning philosophy of grief care.

### **Bereavement Support Group Facilitator Training**

This seminar teaches grief support group leaders the skills they need to run an effective, healing support group.

### **Exploring the Shadow of the Ghosts of Grief**

Those who are living in the "shadow of the ghosts of grief" have symptoms that suggest that their life's griefs have been inhibited, suppressed, converted, or denied. Come learn about "carried grief" and facilitating "catch-up" mourning.

### **Exploring the Eleven Tenets of Companioning the Bereaved**

This learning retreat takes an in-depth look at the eleven tenets that differentiate Dr. Wolfelt's "companioning" philosophy of bereavement care from the medical model of "treating" the mourner.

*New!*

### **Pet Loss Companioning Certification Program**

With Dr. Wolfelt and Coleen Ellis. This seminar will assist those who are interested in learning more about companioning families through the death of their beloved pets. Come join us and learn more about supporting people during this difficult time.

### **Living with Meaning and Purpose in Your Life**

This enlightening and empowering seminar helps participants make the most of their unique and natural gifts. Come join us and explore the spiritual aspects of finding your place in the world.

For details and registration information, please visit [www.centerforloss.com](http://www.centerforloss.com) or call us at (970) 226-6050. We look forward to meeting you!